

Lunch Menu Week 3



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN MEALS

Tomato Pasta Bake



Homemade Cheese and Tomato Pizza with Oven Baked Potato Wedges



Jacket Potato with a Choice of Fillings



Sandwich Selection

Pork Sausage with Mashed Potato and Gravy

Vegetarian Sausages with Mashed Potatoes and Gravy



Jacket Potato with a Choice of fillings



Sandwich Selection

Roast Chicken with Roast Potatoes, Sage and Onion Stuffing and Gravy

Macaroni Cheese



Jacket Potato with a Choice of Fillings



Sandwich Selection

Cottage Pie with Gravy



Veggie Burrito with Wholegrain Rice



Jacket Potato with a Choice of Fillings



Sandwich Selection

Breaded Fish Fingers with Chipped Potatoes

Crispy Quorn Nuggets with Chipped Potatoes



Jacket Potato with a Choice of Fillings



Sandwich Selection

Freshly Prepared Salad Served Daily

SIDES

Mixed Salad
Coleslaw



Cabbage
Sweetcorn



Carrots
Peas



Sweetcorn
Broccoli



Baked Beans
Peas



DESSERTS

Strawberry Jelly

Chocolate Cake with Fruit Slices



Vanilla Cake with Custard



Lemon Cookie with Fruit Slices

Chocolate Ice Cream

AVAILABLE EVERY DAY

Water, salad, freshly baked bread, yoghurt & fresh fruit

Vegetarian

Wholegrain

Nutritionist's choice

Oily fish

Fruity!

